

SWIMMING TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
06.30 - 07.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Pool Closed
07.00 - 08.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Pool Closed
08.00 - 09.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Pool Closed
09.00 - 10.00	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed
10.00 - 11.00	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed
11.00 - 12.00	Lane Swim	Lane Swim	General DCCAqua	Lane Swim	4 Lanes Inchicore	3 Lanes Lessons
12.00 - 13.00	Lane Swim	Lane Swim	4 Lanes Inchicore	Lane Swim	Lane Swim	3 Lanes Aqua
13.00 - 14.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim
14.00 - 15.00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim
15.00 - 16.00	3 Lanes Lessons	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim
16.00 - 17.00	3 Lanes Lessons	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim
17.00 - 18.00	Lane Swim	Lane Swim	3 Lanes Aqua	Lane Swim	Lane Swim	Pool Closed
18.00 - 19.00	Lane Swim	Pool Closed	3 Lanes Aqua	Lane Swim	Lane Swim	Pool Closed
19.00 - 20.00	Pool Closed	4 Lanes Private	Pool Closed	Pool Closed	Lane Swim	Pool Closed
20.00 - 21.00	Pool Closed	Lane Swim	Pool Closed	Pool Closed	Lane Swim	Pool Closed
21.00 - 21.45	Pool Closed	Lane Swim	Pool Closed	Pool Closed	Lane Swim	Pool Closed

CHILDREN SWIM TIMES

Monday to Friday from 11.00am - 17.00pm Saturday 11.00am - 16.00pm

Swimming hats are compulsory in the pool

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  [sjfitness.ie](https://www.sjfitness.ie)

— SAINT JAMES'S GATE —

HEALTH & FITNESS CLUB

— WATLING STREET DUBLIN —